

Rotary Club of Navi-Mumbai (Hillside)

# HORIZON



RI President  
**Stephanie A. Urchick**

Dist. Governor  
**Rtn. Dinesh Mehta**

**President :** Rtn. Dr. Priyeta Priyadarshini **Secretary :** Rtn. Santosh Patil **Editor :** Rtn. Ravi Ahlawat **Sub - Editor :** Rtn. Kashyap Jha

June 2025

The Official Bulletin of Rotary Club of Navi Mumbai Hillside

Issue No. 1

## Annadan Seva

- 01 May 2025



RCNM Hillside organized an Annadan Seva at Sai Mandir, Kharghar embodying the teachings of Shirdi Sai Baba, who emphasized feeding the hungry as a form of divine service. The event saw enthusiastic participation from community members and volunteers, who came together to prepare and distribute meals to all. This initiative fostered unity and compassion among participants.

RCNM Hillside extends heartfelt gratitude to all who contributed to the success of the Annadan Seva and remains committed to continuing such philanthropic activities that uphold the spirit of service and community welfare.

## Poor And Needy Individual To Help

- 01 May 2025

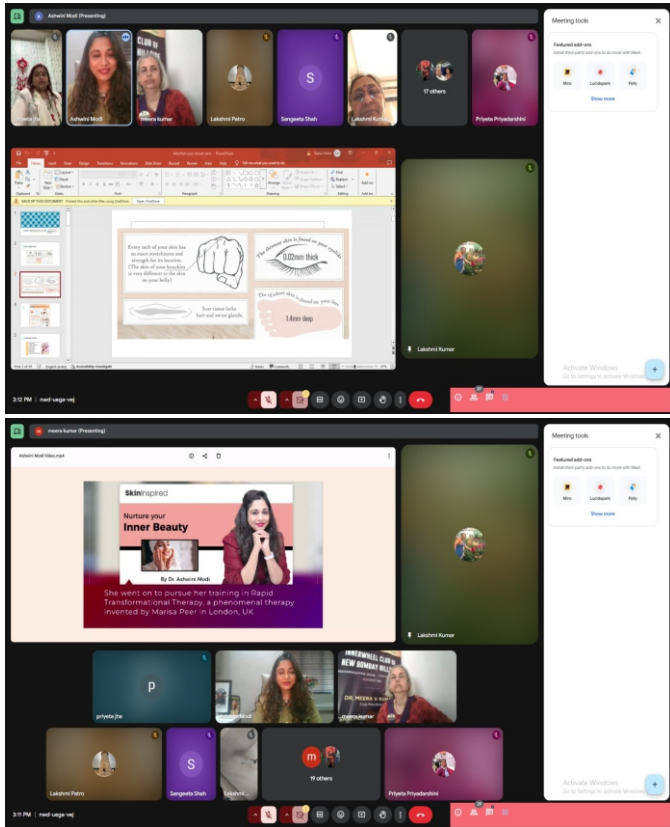


In a compassionate act of community support, RCNM HILLSIDE provided financial assistance to a poor and needy individual to help with his daughter's marriage. Understanding the emotional and financial importance of such a life event, the members came together to offer meaningful aid.

This gesture highlights RCNM HILLSIDE's ongoing commitment to serving those in need and making a positive difference in the lives of underprivileged families. The support was met with heartfelt gratitude, reinforcing the spirit of kindness and unity within the community.

# Online Session On “manifest Your Dream Skin”

- 01 May 2025



RCNM Hillside recently hosted an enlightening online session titled “Manifest Your Dream Skin”, featuring renowned dermatologist Dr. Ashwini Modi. The session aimed to educate attendees on achieving healthy, radiant skin through a blend of scientific knowledge and mindful skincare practices.

Dr. Modi shared expert insights on common skin concerns, the importance of a personalized skincare routine, and the role of nutrition, hydration, and mental wellness in skin health. She emphasized that glowing skin is not merely about topical products, but a holistic lifestyle that includes self-care, stress management, and consistency.

The interactive session saw enthusiastic participation, with attendees engaging in a lively Q&A segment. Dr. Modi’s practical tips and motivational approach left a lasting impression, inspiring participants to take proactive steps toward their skincare goals.

RCNM Hillside’s initiative to bring such impactful sessions to its community reflects its commitment to holistic well-being and personal development.

## Cloth Bag Distribution Drive by RCNM Hillside

- 17 May 2025

RCNM Hillside organized a cloth bag distribution on 17th May 2025 at a local vegetable market as part of its eco-friendly initiative. Aimed at reducing plastic usage, the drive encouraged shoppers to switch to reusable cloth bags. Volunteers also raised awareness about the harmful effects of plastic on the environment. The event received a positive response and reflected RCNM Hillside’s commitment to promoting sustainable living.



**Rotary**  
Club of Navi Mumbai Hillside





## Support Towards Paediatric Heart Surgery

- 01 May 2025



RCNM Hillside has made a support towards paediatric heart surgery at Jupiter Hospital. This contribution aims to enhance access to life-saving medical care for children and reflects the organization's commitment to community health and child welfare. It was a wonderful meeting with Dr Shrinivasan and understanding about the process.

## Sanitary Napkin Distribution Drive

- 19 May 2025



In an effort to promote menstrual hygiene and empower rural women, RCNM Hillside took a vital step by organizing a sanitary napkin distribution drive on 19th May 2025 in Dhamole Village. The initiative aimed to address the pressing need for menstrual health awareness and accessibility to hygiene products among young girls and women in the community. Through this outreach, we not only distributed sanitary napkins but also engaged in open discussions to break the stigma surrounding menstruation, providing essential information about menstrual health and hygiene practices. The response from the community was encouraging, reaffirming the importance of such initiatives.

## Internet Services To The Primary School

- 01 May 2025



As part of our ongoing commitment to bridging the digital divide and empowering rural education, RCNM Hillside proudly facilitated the provision of Internet services to the Primary School in Dhamole Village. This initiative aims to enhance learning opportunities, give students and teachers access to digital resources, and promote a more connected and modern educational environment. By introducing reliable internet connectivity, we are helping pave the way for a brighter, tech-enabled future for the young minds of Dhamole.

RCNM Hillside believes in the power of technology to transform education and is proud to support digital inclusion at the grassroots level.

# A Speaker Session On -maximize Your Space In Home & Office

- 21 May 2025



A Speaker session on -Maximize your space in Home and Office-The Marine Kondo Method by Faizal Shaikh on 21st May'2025 Mr Faizan explained about the concept of Kaizen and its principles with some examples and he shared his story as well and how Japanese work towards it. Some of the takeaways of his session are Kaizen (改善) is a Japanese philosophy meaning "change for better" or "continuous improvement." It emphasizes small, incremental changes that lead to long-term transformation.

## Marine Kondo Method – Principles Inspired by Kaizen

### Discipline First

- Think like a marine: precision, order, routine.
- Set strict boundaries for each space's purpose.

### Declutter Daily

- Don't wait for the weekend. Apply small steps daily.
- Tidy in 5-minute intervals — build a habit of improvement.

### Everything Has a Mission

- Every item must serve a current, clear purpose.
- If it doesn't support your life or work mission, let it go.

### Zones of Efficiency

- Create task-specific zones: focus, relax, create.
- Reassess zones monthly to adapt as needs evolve.

### Standard Operating Procedures (SOPs)

- Have a checklist for cleaning, organizing, restocking.
- Make systems repeatable and easy to maintain.

### Celebrate Small Wins

- A clean drawer? Applaud it.
- Track progress visually to stay motivated.

**It was indeed a wonderful session and everyone appreciated about it.**

### BIRTHDAY'S

Gorakh Ishwara Dhone	: 1 June
Saarthak Sandeep Marathe	: 5 June
Vivek Patil	: 6 June
Ajit K Sharma	: 7 June
Haresh S Shah	: 8 June
Dhyey Hemal Vayeda	: 9 June
Bhushan Patil	: 17 June
Sandip Sant	: 17 June
Kashyap Kumar Jha	: 19 June
Vishant Vijayrao Chandrawar	: 28 June
Yogesh Vidhate	: 28 June







THE MAGIC  
OF ROTARY



Rotary  
Club of Navi Mumbai Hillside



awesome

# Congratulations



## AADYANSH

FOR SECURING 88% MARKS IN 10<sup>TH</sup> BOARD EXAM

*We are all proud of you!*



THE MAGIC  
OF ROTARY



Rotary  
Club of Navi Mumbai Hillside



awesome



## Congratulations Aarya and Aarav